

**HARVESTING A LIFETIME #2**  
**The Path from Age-ing to Sage-ing**  
**ROOM #9, HILLCREST UCC**

- Sundays, March 6 to April 10
- at 12:15 pm (or as soon after as possible)
- for about 2 hours ('til 2:15 pm or so)
- no fee, but "Thank Offerings" are welcome
- **contact Rev. Ray** to reserve a place.

You are invited to grab a nibble and some coffee in our Fellowship Hall after the 10:30 am worship; then come to room #9 for the seminar.

You need not be a member of Hillcrest Congregational Church. We hope you will worship with us prior to the seminar.

By means of music, silence, art, film clips, sculpture and dialogue we will visit the following topics:

**MARCH 6:**                    **INTRODUCTION AND OVERVIEW**  
**The greatest spiritual illnesses of old age. Who is an Elder?**  
**How do you experience a place in you not in time?**

**MARCH 13:**                **FLIRTING WITH TIME AND THE TIMELESS**  
**"Soul Work" -- A Map of the Soul**  
**We approach edge of time, and enter the timeless.**  
**Time: Culture says, "Kill it," "fill it," "Drown it." What say you?**

**MARCH 20:**                **LIFE REVIEW**  
**Find an early experience which explains, illustrates, describes why you are the way you are. Bring and share some object, memento, souvenir.**

**MARCH 27:**                **MAKING FRIENDS WITH OUR MORTALITY**  
**An invitation and exercise to shape a serene death.**  
**Checklist for Peace of Mind - Scripting our last moments**

**APRIL 3:**                    **LIFE REPAIR**  
**How to change history. Putting Humpty-Dumpty together again.**

**APRIL 10:**                 **HARVESTING OUR WISDOM**  
**Using a Native American tradition we form a *wisdom circle* to send a message to an unborn grandchild.**